



Reggie D. Ford

AUTHOR. ADVISOR. ADVOCATE. ACTIVIST.



AS FEATURED IN

Forbes BestColleges

USA TODAY NETWORK

ESPN

NASHVILLE BUSINESS JOURNAL

ABOUT REGGIE

Reggie is a sought-after motivational speaker and bestselling author of *Perseverance Through Severe Dysfunction*. By sharing his captivating journey of turning pain into peace through the process of perseverance, Reggie motivates positive change in all those he encounters. He tailors a unique approach for each audience, complemented by exceptional wisdom and contagious enthusiasm, ensuring a lasting impression. With a diverse background as a first-generation college grad and former D1 football player at Vanderbilt University, an entrepreneur in the finance industry, and experienced yogi, Reggie is a valuable asset to all audiences.

TESTIMONIALS

- ★ "Authentic, inspirational, and incredibly relevant for all leaders."
- ★ "Reggie's story and personal vulnerability profoundly inspires. He is authentic and focused on sparking positive shifts in understanding. Resilience, perseverance and optimism shine through his every word!"
- ★ "Reggie is a dynamic speaker with an incredible story to tell, and he provided clear action steps on how to build authentic connections and a sense of belonging in any community."

SIGNATURE TOPICS

- ✓ Overcoming adversity and building resilience
- ✓ Building deeper connections and sense of belonging
- ✓ Prioritizing mental health and wellbeing
- ✓ Rediscovering peace and happiness for a more fulfilled life
- ✓ Finding strength in vulnerability
- ✓ Living authentically and uncovering your power

A FEW PAST CLIENTS

